



Hadō Shiatsu 波動指圧



Shiatsudō

The Way of Shiatsu

指圧道

shi atsu dō

Finger

指

Shi

Finger

指

扌

Hand

指

Excellence

Pressure

圧

Atsu

Way

道

Dō

Keiraku

經絡

Kei Raku

Kei

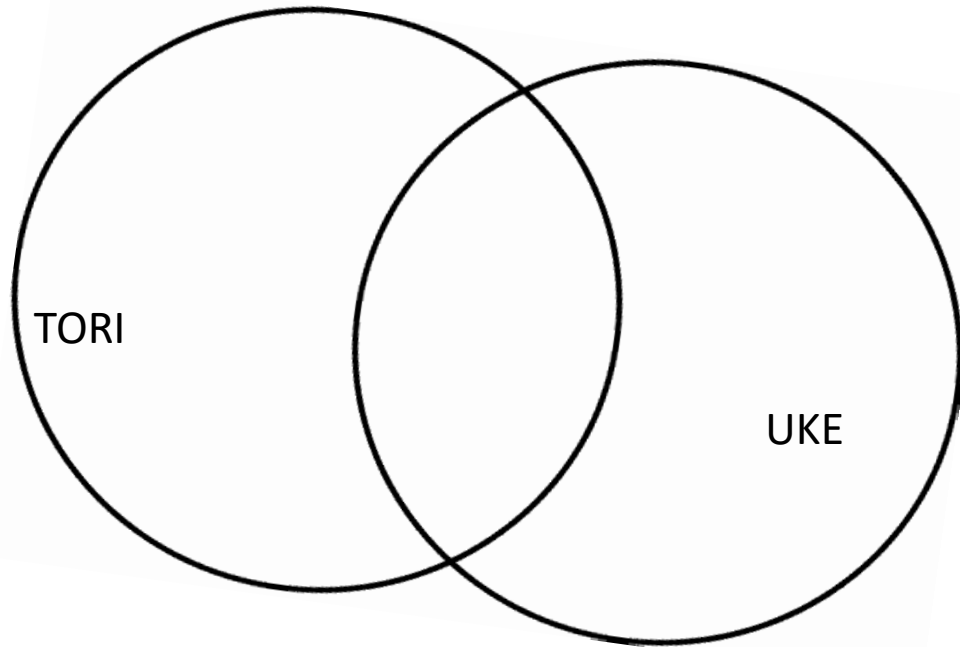
經

Sutra, Meridian
(Current simplified version)

Raku

絡

Connection



UKETORU: empathic resonance between the fields of Tori and Uke

Uketoru

受け取る

Uke

Toru

Tori

He who takes and who guides

取

Tori

Uke

He who receives and who accepts

The image shows the Japanese kanji character for 'Uke' (受). It is composed of the top part of the character '受' (Uke), which is a variation of the character '受' (Uke), and the bottom part, which is the character '受' (Uke). The top part consists of a horizontal line with three short vertical lines below it, and the bottom part is a large, curved, bowl-like shape.

Uke

Uketoru

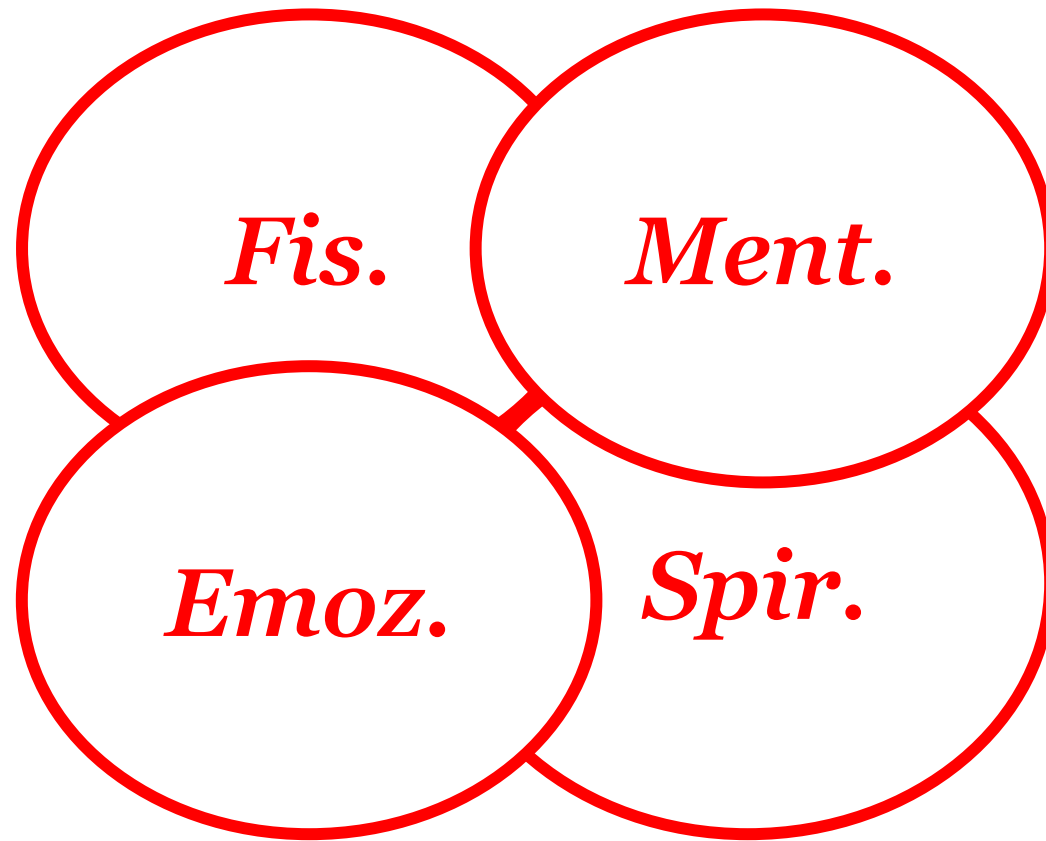
***To receive, obtain, take, comprehend,
understand, interpret, accept***

Tori is not simply the "therapist"; calling Uke a "patient" is reductive.

Through touch, a relationship is generated between Tori and Uke, an exchange between one who guides and one who accepts, a path to understanding Uke's distribution of Ki, which, once understood, can be consciously modified. This leads to the harmonious use of all vital resources.

Taking and welcoming but also speaking and listening through multiple sensory pathways at different levels, some of which are invisible.

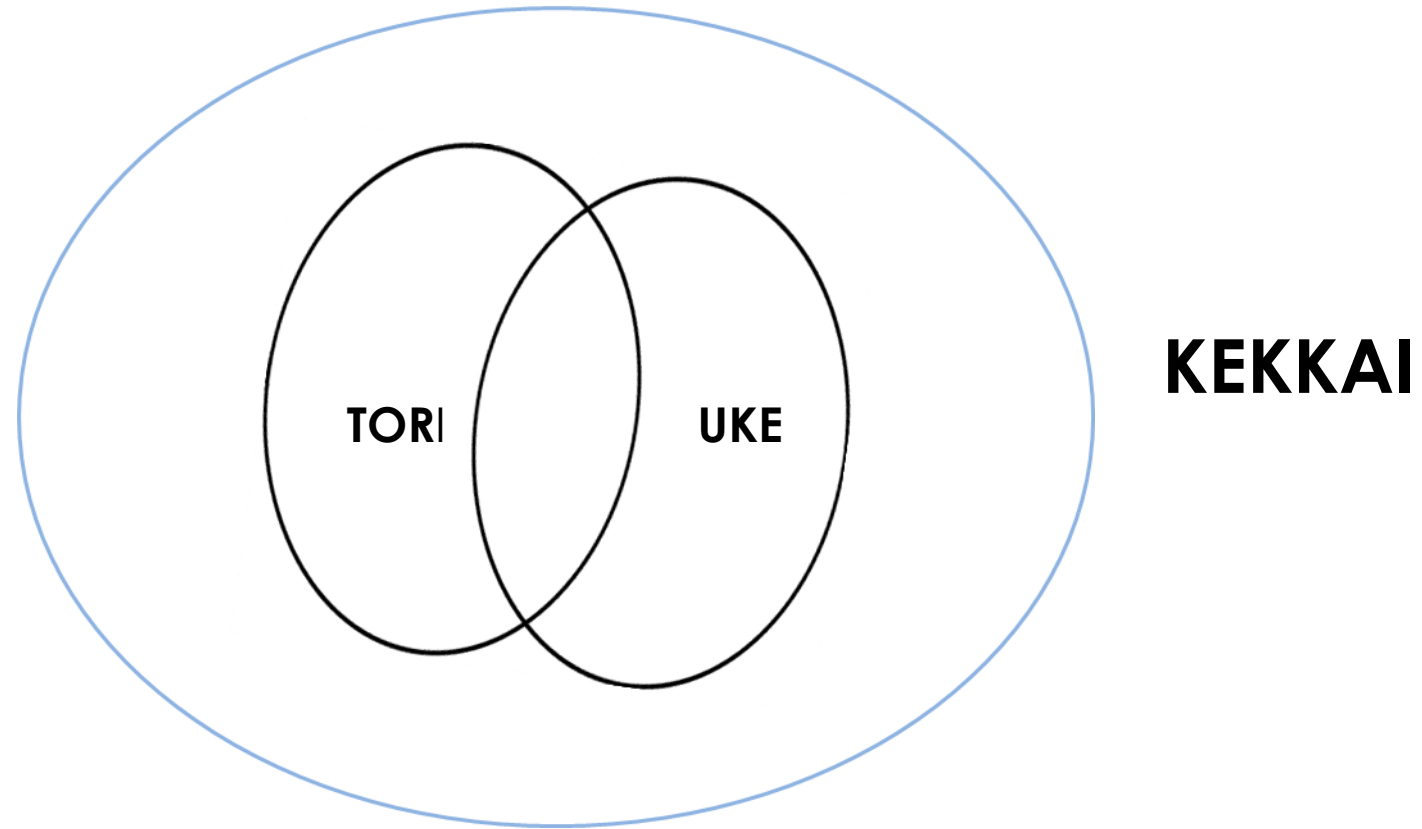
Uketoru





Uketoru

**The spheres: physical, mental, emotional and spiritual
become concentric giving life to a relationship and a
comparison.**



KEKKAI: the Field that Tori evokes to support the healing process

Hadō

波動

波 Ha: Wave

動 Dō: Move, Shake

Ondulatory Movement

HADO

波動

*«wave-like movement,
vibration»*

*«the innate transforming power of each
living being»*

HADOSHIATSU REFERENCES

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- **Links**

- >Hadoshiatsu website <https://www.hadoshiatsu.org/>

- >HeartMath Institute <https://www.heartmath.org/>

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