

HADOSHIATSU REFERENCES

• Books

- >Stefanini P., 2011, Qi in Shiatsu, in *“Energy Medicine East and West: a natural history of Qi”*, Churchill Livingstone, Elsevier, pages 211-221
- >Stefanini P., 2013, “2 Fallgeschichten” in *“Falle aus der therapeutischen Shiatsu-Praxis”*, Urban & Fischer, pages 283-297
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- >Ho M. W. 1998 *The Rainbow and the Worm: The physics of organisms*, 2nd edn. World Scientific, Singapore
- >Pollack G. H. *Cells, Gels and the engines of life*, Ebner & Sons; 1 edition (March 10, 2001)
- >Emoto M., *The Hidden Messages in Water*, Atria Books (September, 2005)

• Articles

- ≥L. Brizhik, E. Chiappini, P. Stefanini, G.Vitiello. *“Modeling Meridians Within the Quantum Field Theory”* *Journal of Acupuncture and Meridian Studies* - Volume 12, Issue 1, February 2019, Pages 29-36
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- >Stefanini P., 2011, “*Quantum Physics sheds some light on Hado Shiatsu*” Poster for EQBS -International Symposium “Electromagnetic fields and Quantum phenomena in the Biological Systems” - May 20, Poznan University of Medical Sciences, Poland (<http://www.nextcare.it/hadoposter.pdf>)
- >E Del Giudice, P Stefanini, A Tedeschi, G Vitiello, “The interplay of biomolecules and water at the origin of active behavior of living systems”, Journal of Physics:ConferenceSeries **329** (2011) 012001 doi:10.1088/1742-6596/329/1/012001 (<http://www.nextcare.it/interplay.pdf>)
- >Ho, M.W. The Liquid Crystalline Organism and Biological Water (http://link.springer.com/chapter/10.1007/1-4020-4927-7_10#page-1)
- >Del Giudice E., Tosi M.”The Principle of Minimal Stimulus in the Dynamics of the Living Organism” New Science of the Organism & Health (http://www.i-sis.org.uk/principle_of_minimal_stimulus.php)
- >P. Stefanini “Quantum Physics and Shiatsu”, German Language: http://www.shiatsu-austria.at/magazin/magazin_68.htm
- Stefanini P. Shiatsu e Fisica Quantistica -Terza Revisione (febbraio 2005) dell’Articolo originale apparso su Shiatsu Society News, Spring 1999
- Stefanini P. Le affinità altrove: Shiatsu e Fisica Quantistica, Scienza e Conoscenza, July -September 2013, num. 45, 36-41

- **Links**

- >Hadoshiatsu website <https://www.hadoshiatsu.org/>
- >HeartMath Institute <https://www.heartmath.org/>

- **Other articles**

- Fritz Albert Popp, Principles of complementary medicine in terms of a suggested scientific basis– Indian Journal of Experimental Biology, Vol.46, May 2008,pp. 378-383
- Brizhik L. S., Del Giudice E., Popp F.A., Maric-Oehler W, Schlebusch K-P: On the Dynamics of Self-Organization in Living Organisms, Electromagnetic Biology and Medicine Volume 28, Issue 1, 2009, pp.28-40
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