


ORARIO SETTIMANALE

|  CHAKRA STUDIO PILATES | MON | TUE | WED | THU | FRI | SAT | SUN |
|--|----------|----------|----------|----------|----------|----------|-----|
| 8:00 | REFORMER | REFORMER | | REFORMER | REFORMER | | |
| 9:00 | REFORMER | REFORMER | | REFORMER | CIRCUIT | | |
| 10:00 | | | | | | | |
| 11:00 | REFORMER | | REFORMER | | | | |
| 12:30 | REFORMER | | | | | | |
| 13:30 | REFORMER | REFORMER | REFORMER | REFORMER | REFORMER | REFORMER | |
| 15:00 | REFORMER | | REFORMER | | | | |
| 17:00 | | | | | REFORMER | | |
| 17:30 | | REFORMER | | | | | |
| 18:00 | REFORMER | | | REFORMER | | | |
| 18:30 | | REFORMER | | | | | |
| 19:00 | REFORMER | | REFORMER | REFORMER | | | |
| 19:30 | | CIRCUIT | | | | | |
| 20:00 | REFORMER | | REFORMER | CIRCUIT | | | |