



PERSONAL TRAINING

General, sport, clinical, food, physiological, postural, optometric, orthodontic anamnesis

Name _____ Surname _____

Birth Place _____ Date of Birth _____

Height _____ Weight _____

Job _____

Life style (meals regularity, sleep etc.) _____

Smoke _____ Alcohol _____

Ematic analysis _____

Ecg _____

Family anamnesis _____

Diseases _____

Injuries _____

Medicines _____

Allergies _____

Plicometric and Bioelectrical impedance screening _____

Food and beverage usually swallowed _____

Carbone Tennis Academy - A.S.D. Tennis Treviso

Via Feltrina,111 - 31100 Treviso

Mobile [+39 3333257268](tel:+393333257268) - Skype: giantennis30 - www.tennistreviso.com - gianluca.carbone.30@gmail.com

Practised Sport _____

Weekly hours of sport activity _____

Joint mobility test _____

Ankles _____

Knees _____

Hip _____

Lumbar region _____

Shoulder humerus girdle _____

Dismorphism and paramorphism _____

Feet dominance _____

Shoulder dominance _____

Hips dominance _____

Eyes dominance _____

In compliance with Legislative Decree 196/2003 the undersigned:

- declares that A.S.D. Tennis Treviso has communicated that the received data will be inserted in its magnetic archive and they will be exclusively used for the regular operation and the punctual execution of the association. With the signature on this form he/she declares to consent to the processing of personal data exclusively for the recalled objectives.

authorizes the making of photos, videos or other audiovisual materials including the image and the voice of the member for objectives strictly connected with the association activity. This authorization doesn't allow the use of the image in contexts that can spoil the personal dignity and for uses and/or objectives different from those recalled.

Date _____ Signature _____

Carbone Tennis Academy - A.S.D. Tennis Treviso

Via Feltrina,111 - 31100 Treviso

Mobile [+39 3333257268](tel:+393333257268) - Skype: giantennis30 - www.tennistreviso.com - gianluca.carbone.30@gmail.com