



Tour Operator esclusivo de
" I Borghi più belli d'Italia "





"ITALIAN LANGUAGE TOUR IN LAZIO"

Borghi Italia Tour Network in collaboration with 121 Italian Tuition

THE WONDERS OF THE ROMAN HILLS, BETWEEN ART, NATURE AND LOCAL DELICACIES

8 days / 7 nights

08-15 May 2022, 23-30 October 2022

FRASCATI, CASTEL GANDOLFO

Experience a unique yet extremely effective and fun way to learn Italian with qualified native teachers who have years of international experience in teaching and researching languages. A language course in Italy with 20 hours of "formal" learning creatively combined with an exciting cultural and sightseeing programme. A journey through art, nature, food and wine in the enchanting area of the Colli Albani. We will explore the Castelli Romani, coveted since ancient times for their fresh, healthy climate and popular among emperors, popes and ecclesiastical dignitaries who built here their luxurious residences -still partially preserved-, among lakes and ancient volcanic craters. Our adventure to discover the Italian language and this fascinating territory will begin in Frascati, where we will stay in a splendid *agriturismo* surrounded by the tranquillity of nature. Here we will learn how to make artisan soap and cook with wild herbs. We will visit a multi award-winning winery that operates according to the principles of organic agriculture and environmental sustainability and we will taste their fine wines. We will discover Castel Gandolfo, one of the most beautiful borghi* of Italy as well as the Pope's summer residence, and the historic centre of Frascati, a town renowned for the elegance of its Renaissance and Baroque Tuscolan villas and for its food and wine specialties.



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PROGRAMME

DAY 1

Arrival at Rome Ciampino airport

Departure for **Frascati** by private transfer

Check-in at the *agriturismo*

Lunch at the *agriturismo*

Free time to relax

Dinner at the *agriturismo*

Overnight stay

Distances: Rome Ciampino airport - Frascati 14 km / 20 min.

DAY 2

Breakfast at the *agriturismo*

Departure on foot for an organic winery. This is a nice short walk: approx 30 minutes.

Guided tour of the company and its wine cellar, tasting of wine and typical local produce.

Immersed in a breath-taking setting overlooking Rome, the Castelli Romani and the Renaissance villas, this company operates according to the principles of organic agriculture and environmental sustainability, exploiting the rich and fertile soil without compromising its structure and respecting nature and its cycles. Accompanied by a passionate wine expert, we will discover winemaking techniques and how to enjoy both wine and extra virgin olive oil in combination with local produce.

Return to the *agriturismo*

Lunch

Italian lesson

Dinner at the *agriturismo*

Overnight stay

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DAY 3

Breakfast at the *agriturismo*

Italian lesson

Lunch at the *agriturismo*

Handmade soap workshop

A fun and creative experience. Using herbs, plant extracts and essential oils produced in the *agriturismo* and following simple, age-old procedures such as the "cold method", we will make eco-friendly, artisan soap, free of toxic substances.

Dinner at the *agriturismo*

Overnight stay

DAY 4

Breakfast at the *agriturismo*

Departure for **Castel Gandolfo** by private transfer

We will meet our local guide and visit this charming borgo, ranked as one of the most beautiful in Italy

Known especially because it houses the Pope's summer residence as well as many other historical holiday residences, villas and cottages dating back to the seventeenth century, the small town of Castel Gandolfo overlooks Lake Albano, and the elegance of its historic centre blends with the natural beauty of its surroundings. In addition to the Pontifical residence, Castel Gandolfo also boasts many sites of archaeological, natural and artistic interest.

Lunch in a typical restaurant in the borgo

Free time for a relaxing walk on the enchanting shores of the Castel Gandolfo lake

Return to the *agriturismo* in the afternoon

Dinner and overnight stay.

Distances: Frascati - Castel Gandolfo 10 km / 18 min.

DAY 5

Breakfast at the *agriturismo*

Italian lesson

Lunch at the *agriturismo*

Cultural activity organised by your teacher

Dinner at the *agriturismo*

Overnight stay

DAY 6

Breakfast at the *agriturismo*

Italian lesson

Lunch at the *agriturismo*

Departure for **Frascati** city centre by private transfer

Free time to relax and enjoy this charming and elegant town.

Frascati is the most famous locality of the Castelli Romani, renowned for the elegance of its Ville Tuscolane, sumptuous patrician residences from the late Renaissance and Baroque periods, as well as for the quality of its gastronomic specialties and the production of excellent wines.

Dinner at the *agriturismo*

Overnight stay

DAY 7

Breakfast at the *agriturismo*

Italian lesson

Lunch at the *agriturismo*

In the afternoon we will take part in a fun and interesting **phytoalimurgical cooking class**.

We will learn about wild but edible herbs, such as leaves, stems, buds, flowers, roots, tubers, bulbs and berries. We will discover their properties, benefits for our health, use in the kitchen, and how their use was inspired by the principles of 'survival nutrition' in times of war and famine.



Day 8

Breakfast at the agriturismo

Check-out

Departure for Rome Ciampino airport by private transfer

Distances: Frascati - Rome Ciampino airport 14 km / 20 min.

(*) ...what is Borgo...

A "Borgo" ("Borghi" in the plural) is a fascinating small Italian town, generally fortified and dating back to the period from the Middle Ages to the Renaissance. It is unique and built around a castle or palace belonging to the noble family that held power at that time and it is often surrounded by walls. In Italy we have around 310 Borghi from the Dolomites to Sicily and they are the symbol of the Italian culture with artistic and architectural heritage, tradition and food and wine treasures.

PRICES VALID FOR:

Tour 1: 08-15 May 2022

Tour 2: 23-30 October 2022

Double room for single use

EURO 1,217.00

The rates are valid for the period and for the minimum number of participants indicated. They also refer to a program of at least 7 nights with all the specified services. Any changes in the number of participants, nights and services will lead to a revision of prices.

The price includes:

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- Transfers by coach: 19 * seats as per programme;
- 7 nights at the Agriturismo Erba Regina in Frascati;
- 7 dinners in the agriturismo (1/2 mineral water included);
- 6 light lunches on the farm (2-course menu, mineral water included);
- 1 Lunch in a typical restaurant in Castel Gandolfo (3-course menu + 1/2 mineral water and ¼ house wine included);
- Guided tour of an organic winery, wine tasting and tasting of typical local products;
- Artisan soap workshop in the agriturismo (3 hours);
- Guided tour of Castel Gandolfo (3h - with guide in Italian);
- Phytoalimurgical cooking class in the agriturismo (3 hours);
- Indoor and outdoor spaces available for Italian lessons;
- Italian language lessons as per program (20 hours overall) by 121 ITALIAN TUITION;
- Didactic material provided by the teacher;
- Accompanying teacher for the duration of the stay.

The price does not include:

- Entrance fees to parks, museums, monuments and churches where applicable, if not specified under "The fee includes";
- Tourist tax to be paid in cash at the hotel, equal to € 1.50 per person per day;
- Porter service, tips and any extra personal expenses;
- Anything that is not indicated under "The price includes".

Please note:

The quotation of the transfers is based on a 19-seater bus, but could change should new government regulations be issued in relation to social distancing aimed at containing the spread of COVID-19.

Reservations:

For information and reservations contact **Borghi Italia Tour Network** at **+39 0658334825** or e-mail booking@bitn.it

**Cancellation policy:**

No penalty for cancellations up to 20 days before the start date of the stay

Penalty of 30% between 19 and 15 days before the holiday start date

Penalty of 50% between 15 and 7 days before the start date of the stay

100% penalty 7 days before the start date of the stay

Payments:

Deposit 30% of the total amount upon confirmation and balance 18 days before the start date of the stay

Covid emergency cancellation policy:

In the event of national or regional closures, 30% will be retained as a deposit for the next booking with BITN

YOUR ITALIAN LANGUAGE COURSE IN DETAIL

121 Italian Tuition is a language centre specialising in language courses in Italy where **outdoor activities, cultural and gastronomical events seamlessly complement our language classes** for an authentic Italian experience.

Each tour includes hours of “formal” learning creatively linked to an exciting sightseeing and cultural programme.

Your language course includes:

- Cultural, gastronomical and recreational activities experienced entirely through Italian with your teacher.
- Qualified native teachers with years of international experience in language teaching and research.
- All courses are for small groups to facilitate interaction in Italian in a relaxed atmosphere.
- A choice of locations: same quality teaching, different settings. TOGLIAMO?

**At the time of booking you will be asked to specify your level of knowledge of the Italian language.
Choose between elementary, intermediate and advanced.**

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COUNTRY HOUSE ERBA REGINA - FRASCATI

This cosy *agriturismo* is located in Frascati, in the beautiful Colli Romani area, and is part of a company that produces organically certified medicinal and aromatic herbs. It has elegant rooms equipped with every comfort, some with independent access to the garden and with a private outdoor area. All rooms have fridge, safe, air conditioning, kettle, Wi-Fi and TV. The restaurant serves dishes made from local produce and wild plants. The *agriturismo* also has a small herbal tea room, a meeting room and a small bar.

